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| [IDHS-DMH Logo](https://urldefense.com/v3/__https:/secure-web.cisco.com/1l5UMjEDrrnNrDxlrWtVyD9DFJ7I_qR40JFpwYF-l5FGytfinCuwXP3gbOT5rReGZu3K-ZT_Je7DA-o0Z6jR9GXebDEn3f-4S6dUG2H8m63tXRG_2XrjC-x6h6rhMeN8Tco8TFdFGjZwM90scXkq6R27FB5PGcHkuJbefoH-C8tPxMmbvXt4JHJOP5iyDgXpHNjDwErkMM-TrOd8Gi-8IoE-3g4bqZCOD912X-I56P-7uqcu8MQ8_lu6FiaKAzx_VfC2-NNVstWiPKkGWqS2upCfAs7vq1PVARpiWU0BBnoHiMuFaQWXSHbN4Mz_xPrJ2zAwLKZQBZu3brFw_muS1t0Ah3o_5x0wI80VYrQZij8qgANJ9X2MaSUDdEs9x1bPuS8hh9jKGb2Va2tKICkRAod_6M_1FuhbXmCZJSG_TaEuQDwdYuePL2AvIdizb4wlV/https*3A*2F*2Fstate.us21.list-manage.com*2Ftrack*2Fclick*3Fu*3D15d101d41410cd92311f0d374*26id*3D1a48081f2b*26e*3D6fec7a7b94__;JSUlJSUlJSUlJSU!!IZ3lH8c!x_C661PtT7o7C9k2liRDLo64H4L29LA7hlp4MXq58jxLpEtUQteHgcCLF_lnZ4gHS04btupnnoTcy14nr7MWk8PQluYhl0vSg6HY$) |
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| ***Communication Alert*** |
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| **Recovery & Empowerment Statewide Call** |
| **Please plan to join on May 30, 2024, for our third Recovery & Empowerment Statewide Call for 2024!**  Our theme this year is ***"Embracing Different Recovery Roads.”***  During the 2024 educational series, we will be exploring a wide variety of recovery pathways, considering some new and innovative things happening around us, and revisiting a few wellness tools that some of us may have been using for years.  Each call provides listeners the opportunity to hear directly from, and be inspired by, individuals in recovery. This month's focus is "Destination Recovery, Journey Unknown.”  Please note that you don’t have to be at an agency or in a group to participate. Individuals are welcome to dial in from a personal phone, or, as a new feature this year, you may log in from a home computer or through the WebEx app on a smartphone. Registration is not required. Instructions on how to join are below under the heading “How to Join.”  **ABOUT THIS MONTH’S CALL**  **DATE:** May 30, 2024  **TIME:** 10:00 a.m. - 11:00 a.m.  **TOPIC:** Embracing Different Recovery Roads: "Destination Recovery, Journey Unknown”  **OBJECTIVES:**   1. Recognize the unique challenges faced by special populations in recovery 2. Identify how generational trauma may impact recovery 3. Explain the importance of incorporating cultural awareness into recovery   **MEETING TITLE:** Recovery & Empowerment Statewide Call  **PANELISTS:** Tanya Cooley, Ricardo Anderson  **COMMUNITY SPEAKER:** Anthony Strong  **HANDOUTS:**  Links to download materials for the 5/30/2024 call:  [Evaluation Form (PDF)](https://urldefense.com/v3/__https:/secure-web.cisco.com/1__PEZaWV0rBMY3XFL2lSmV3L2VfuVq6OQsUXCfrtzZVok5QPx1_RqL0oh5FFhDY5RQJWlYVgmQZKvRgwwHbqa8y_Kfu3NpWow-c50ECkf6TT1GeijsivErwC2kkwIuh6codXBBGX6nMiPWeCYf-N6bPCEfDkB0bwk9B5Svdx5h-V6np_e3Cb9JUQ34QRnjhyuf3vPHjDafRT-pJMVEKm_EfY6Zc3XViJWEHnwSfx2iqD6q4mpaL2CE3bYhwWTtKutXk1Ssf6cKbkxt5bRtEsub1WhuXfnhbGXu_bvmqVkUS_Yf2mLh8VdhfjPIzYWzo_f-AAQ4YSFRQOVBwFiVNClkZrxnTcmJp3facJjLayLjLFk0Ym-RvuCPq-ygYUMJLbfIkxxPvsqf5uekGpiW7bUal3t6aAX2wv5iVQe2eoadWoEQ0gWXzIRDcvc0iR19rm/https*3A*2F*2Fstate.us21.list-manage.com*2Ftrack*2Fclick*3Fu*3D15d101d41410cd92311f0d374*26id*3D23196f1986*26e*3D6fec7a7b94__;JSUlJSUlJSUlJSU!!IZ3lH8c!x_C661PtT7o7C9k2liRDLo64H4L29LA7hlp4MXq58jxLpEtUQteHgcCLF_lnZ4gHS04btupnnoTcy14nr7MWk8PQluYhl9g0KO9k$)  [Sign-In Sheet (PDF)](https://urldefense.com/v3/__https:/secure-web.cisco.com/1vLRc1mTYxrTOxx470Wf4mPi9F_Z4Qq6XYL99EXRLZ8PtQnxKO0XIoZEoJaUJoYgn1FppYA9Kk90lazn78WZshot1tuhSo_qMwoS5lHv59_5qIR8Kk5Vi44DWyZBOUNU-gwM98sIOPYE3jgMx8tPWUugcoESHfa29ZbcYeReIgX5TJM_56muWm6tMX6GtLf1rLmkh39ZYLkK8BMMz0qoo1nea4OWKuwLLAl06EwFIebC-wtTcMWuNQIDrtdLLY4RRBboP3Tmy3BjtSBrI842qpbH-Q37vbPNbfNHe27K2RVhgsG8QZbF6IWG_FFweiS9r5Qope0L4xWArCMwxm65o0MEkr190nvkrwGOgwiQYWKnlk9wVbuBtdZfZ9jYH7HOkSnYza0Ckj4bXB3_FpKDIeMrEO1rjWmV0huRqNWVpxOyVCAiCE7AmBKJ5rRPyLcHe/https*3A*2F*2Fstate.us21.list-manage.com*2Ftrack*2Fclick*3Fu*3D15d101d41410cd92311f0d374*26id*3D81fce05678*26e*3D6fec7a7b94__;JSUlJSUlJSUlJSU!!IZ3lH8c!x_C661PtT7o7C9k2liRDLo64H4L29LA7hlp4MXq58jxLpEtUQteHgcCLF_lnZ4gHS04btupnnoTcy14nr7MWk8PQluYhlxInWl-M$)  [CEU Instructions 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(PDF)](https://urldefense.com/v3/__https:/secure-web.cisco.com/1IR_ywleslk08huL-a3mNrLY1Up4h7zypO4ff7xqphhOVpOAekKvlnpGPep8dGZNUC125J-hkDlw21r0oA8q9YxitEgCgBUrhYwQ93zpiGxzA2cfDs9YUF5K8D6sbW5tFs_kkD6IeW9zpRXwL19N-VwHpktUkhzXmUxZTFiTF4IFcPNm9fo2wpo3WlJnM7LvGBdmj4kS6oq_7Xyus7lAAbyiEkW9ReAu4pHcsGr0hh8IL7sEVToBHrjGPQDQkyhbNILxamY_DhUjR76uwC4QoRJ1a7z64mJTuxzBEYuxjDbVTCCYWZy3KXxsGbNbdzstUp4yd6Y3qWuJpYFZ3KvqeZm_d5NiM9ODd6OX7-pp5QPa7Shiljcu5jbZrKuj_Z5lK9t0ykivUeR2k5b8ABKDXlEe3wGXwdlBHmHfcGGorwoANmdrAdpIO8QNZKq9CTef5/https*3A*2F*2Fstate.us21.list-manage.com*2Ftrack*2Fclick*3Fu*3D15d101d41410cd92311f0d374*26id*3De73ffeb246*26e*3D6fec7a7b94__;JSUlJSUlJSUlJSU!!IZ3lH8c!x_C661PtT7o7C9k2liRDLo64H4L29LA7hlp4MXq58jxLpEtUQteHgcCLF_lnZ4gHS04btupnnoTcy14nr7MWk8PQluYhlwfwiI9i$)  [Slides (PDF)](https://urldefense.com/v3/__https:/secure-web.cisco.com/11S2DPdBBVrVXz9seM59VqY78J9VD3SIey5-UQLq9UFB708hrJROWNku-EKRDO7oxdNc-AqE4yToS0G9gXGhkBV8vJ8Uj25kWUzmuRgb7HtnDv2rxsuyIiu6HRDuMYkuWP0d9NdmX1SFY6i_jHVQpEuO5ycQe6x8tIjCBHAvGfPFsYn5pHD6Z2MOVlC3ZUwwfzd8H6uj4LxEamEes90Ip6iRdBkdP6pLj3OCXyqdEmD8iAFKlggLxc_O6lb2p7FA-1I211AA6pNZMmGlnFSdaIaFH8wzj04YfjK71bJNpiH0ZmAE1OOCdQogDA4GotRX7AahByKvFsGmEcT4nsDNhxUmvVtd1TVxx_E0hqKwVRxV2A7_eMTRqv8dGhqy4EzOf6QRSxvwe7TECrkYjL-3-RMg0oV331HFvyWLH1dWh1caeA4J99PqxllKcBuaig7_1/https*3A*2F*2Fstate.us21.list-manage.com*2Ftrack*2Fclick*3Fu*3D15d101d41410cd92311f0d374*26id*3D5b00e44295*26e*3D6fec7a7b94__;JSUlJSUlJSUlJSU!!IZ3lH8c!x_C661PtT7o7C9k2liRDLo64H4L29LA7hlp4MXq58jxLpEtUQteHgcCLF_lnZ4gHS04btupnnoTcy14nr7MWk8PQluYhlyZpSwFO$)  [Resource List (PDF)](https://urldefense.com/v3/__https:/secure-web.cisco.com/1JjGTpbpAumS52loJKavxBPnoAKbfha2KoIKlXYwAYcmsF0RC_uEeFPTsgy9wLEOow-QgkiqyHtj4tUM3m0Vg_vaDHXRZw-jZHs0H7VLnUyzH-Z-i50wNVMbAkAyjgijldB5UoZmaDnFDUXamIvzyiAG-MNcHwRlkzPb9kH8Me6guDDIledkIDlw7krWg4ld7SZQ63KYF7JHmICYR0WehePuFFUf_NIBaxvEXQATaLGbtUPy_D-dNXILWAs5IZhXBR5wJjoSlCnVyhydd_CJ04N2uoIKWKaNil55B_xzX8Kkns2LYuSESSNiHwnBRj0DQfFNexkTsB6ZX93ewg7A2Cl5lCNmDNiFTnUNEhawXDkMe0Cx9AZ39ANIThRgsdS_FnQllOX0SKjGAgR5EV5HKpa2KFXyMyRj8jMhdZCcklTIDdx9-h87xXnaH6NJAKIyS/https*3A*2F*2Fstate.us21.list-manage.com*2Ftrack*2Fclick*3Fu*3D15d101d41410cd92311f0d374*26id*3Dea603915ef*26e*3D6fec7a7b94__;JSUlJSUlJSUlJSU!!IZ3lH8c!x_C661PtT7o7C9k2liRDLo64H4L29LA7hlp4MXq58jxLpEtUQteHgcCLF_lnZ4gHS04btupnnoTcy14nr7MWk8PQluYhlzcR8z9O$)   |  | | --- | | **HOW TO JOIN** | | |  | | --- | |  | | | **BY PHONE**  Dial 1-312-535-8110.  Enter Access Code:  2632 555 5830, then #  Enter Password:  78283943, then # | | |  | | --- | |  | | | **COMPUTER**  Click on this [Webex Link for Computer](https://urldefense.com/v3/__https:/secure-web.cisco.com/16yambSTgSJ3w1p33q_mAburH4kofBvM6i8ZAmhVLiqA9J1mXZ53IJEoSl7mEWBcZOVMFWqOIGfMg4-4odmDii5PvXopQGwdlXEMSDHoijoiZF9tDOLDtDmIsXZtJ9ap-peoCFkNRepbKVP4Ml8FG-uXbMvMxLqVqm4O7wqEz-KFaqHHIfVC7w6HMM3Gm04ZxytfyZWTrfN0Axa0GHic2sLj5vsOHGy3nrA3x0gByEJYPm6aHZxT2morzAjN25yOmzzpAsugIVu1tA8sNAvYLomPgL5kmtQiy6ZkN3fey7UsxSvrYCPvdBJkWO8m4o3_Nh7zdzRFlVpm3IhXy591d_UJHabkAlyPAnULUuESPrIRm9aibDAY_fXKCYPX61260R5VkKX3Y1VVl1rNWzJfJcQRBEp5b7FsirIsJ0BzYxpsDD4W707j6VzXLs5V_yo7q/https*3A*2F*2Fstate.us21.list-manage.com*2Ftrack*2Fclick*3Fu*3D15d101d41410cd92311f0d374*26id*3D8de06f66cc*26e*3D6fec7a7b94__;JSUlJSUlJSUlJSU!!IZ3lH8c!x_C661PtT7o7C9k2liRDLo64H4L29LA7hlp4MXq58jxLpEtUQteHgcCLF_lnZ4gHS04btupnnoTcy14nr7MWk8PQluYhl_uPeG8t$) to open the WebEx site for the call.  If prompted, enter your name & email address.  Click “Join Meeting.”  Meeting #:  2632 555 5830  Password: statewide | | |  | | --- | |  | | | **WEBEX PHONE APP**  On your smartphone, tap this [Webex Link for Phone](https://urldefense.com/v3/__https:/secure-web.cisco.com/1wPjEelwaGp8L5DmdbMeo0lsoFAycicyjEIGVcBOc0wxj2Bo3AQi9mYPq9QhkaSCiL1w_VbmsrNnhTHoh0CyDry-p8sgyjMnRKH6rAJ8sJbECl15CXc6HZXdWzt8a4S7d9JLsxHmqvT-SrW4BWH9hXinSymwrHUdY2Pu9zJY9aAghcMsqIQJl3tvBwktb7thHCwPslMsjw7td9WEG1rrM2xAmf_5RJqgYocIUL98T3pEGOIqbdkM1Vfu2UVGmo0EWRDJO8iy5hlf5i9A-YK1LQj2vLIhKoyj9iKQ0N0-AyVq9YAW-TClfavUj5K34fXfryO3XolDCL9q3uWUvGTAj_rvZ3YB4-D5y2R8CFVPV8IfUPiwQk-SyczEchGJbelvXfs2Ni5NXmQPVcgbi0UFGsIkDhNx1w1JQ9jL9mWwTAr7CbnW0GjTlVEpLjDu64sYj/https*3A*2F*2Fstate.us21.list-manage.com*2Ftrack*2Fclick*3Fu*3D15d101d41410cd92311f0d374*26id*3D28b534ec6f*26e*3D6fec7a7b94__;JSUlJSUlJSUlJSU!!IZ3lH8c!x_C661PtT7o7C9k2liRDLo64H4L29LA7hlp4MXq58jxLpEtUQteHgcCLF_lnZ4gHS04btupnnoTcy14nr7MWk8PQluYhl7xTPNDg$) to open the WebEx site.  If prompted, download the WebEx Meetings app.  Enter your name & email address. Click ‘Allow,’ then ‘Join.’  Meeting #:  2632 555 5830  Password: statewide | | |  | | --- | |  | | | You may call or log in up to 15 minutes early, but the audio may not begin until 10:00 a.m. All callers and participants will automatically be muted upon entry. | | **TO ASK A QUESTION**   1. If you are calling in from your phone for audio only, you can press star (\*), then “3” to raise your hand. The host will call on you by the area code and first 3 digits of your phone number and notify you when you are unmuted. 2. If you are logging in from a computer or the WebEx app on a smartphone, please use the Raise Hand feature and wait to be unmuted. | | **ABOUT RECOVERY & EMPOWERMENT CALLS**  These calls have been held monthly since 2007, and were formerly known as “consumer education and support statewide call-ins.” For all persons living with mental health or substance use challenges, this call is for you! The call is uniquely and specifically designed to provide education and support for individuals participating in publicly funded mental health and/or substance use treatment and recovery services in Illinois.  **ABOUT STAFF PARTICIPATION**  Staff is welcome to listen in as well. However, the primary purpose of the call is to ensure that individuals participating in services have an opportunity to receive information, ask questions, and provide input. | |