## **Assertive Community Treatment Fidelity Scale**

AGENCY:	
TEAM:	
REVIEWER:	
DATE:	

CRITERION		RATINGS / ANCHORS					
HUMAN RESOURCES: STRUCTURE &		-1	-2	-3	-4	-5	
H1	SMALL CASELOAD: Client/provider ratio of 10:1.	50 clients/clinician or more.	35 - 49	21 - 34	11 to 20	10 clients or fewer	
H2	TEAM APPROACH: Provider group functions as team rather than as individual practitioners; clinicians know and work with all clients.	Fewer than 10% clients with multiple staff face-to-face contacts in reporting 2-week period.	10 - 36%.	37 - 63%.	64 - 89%.	90% or more clients have face-to-face contact with > 1 staff member in 2 weeks.	
H3	PROGRAM MEETING: Program meets frequently to plan and review services for each client.	Program service- planning for each client usually occurs once/month or less frequently.	At least twice/month but less often than once/week.	At least once/week but less often than twice/week.	At least twice/week but less often than 4 times/week.	Program meets at least 4 days/week and reviews each client each time, even if only briefly.	
	PRACTICING TEAM LEADER: Supervisor of front line clinicians provides direct services.	Supervisor provides no services.	Supervisor provides services on rare occasions as backup.	Supervisor provides services routinely as backup, or less than 25% of the time.	Supervisor normally provides services between 25% and 50% time.	Supervisor provides services at least 50% time.	
H4 H5	CONTINUITY OF STAFFING: Program maintains same staffing over time.	Greater than 80% turnover in 2 years.	60-80% turnover in 2 years.	40-59% turnover in 2 years.	20-39% turnover in 2 years.	Less than 20% turnover in 2 years.	

	STAFF CAPACITY:	Program has	50-64%	65-79%	80-94%	Program has operated
	Program operates at full	operated at less				at 95% or more of full
	staffing.	than 50% of staffing				staffing in past 12
		in past 12 months.				months.
H6						
	PSYCHIATRIST ON	Program for 60	Program for 60	Program for 60	Program for	Program for 60 clients
	STAFF: There is a	clients has less than	clients has less than	clients has less than	60 clients has	has 10 hours of
	psychiatrist on staff that	2 hours of	4 hours of	6 hours of psychiatric	less than 8	psychiatric time for 60
	· ·	psychiatric time	psychiatric time	time	hours of	clients
	minimum of 10 hrs/week	, ,	ľ ,		psychiatric	
	for an average census of				time	
H7 Illinois	60 clients.					
	PSYCHIATRIST ON	Program for 100	.1039 FTE per 100	.4069 FTE per 100	.7099 FTE	At least one full-time
	STAFF: There is at least	clients has less than	1	clients.	per 100 clients	psychiatrist is assigned
	one full-time psychiatrist	.10 FTE regular			ľ	directly to a 100-client
		psychiatrist.				program.
	to work with the program.	, ,				
H7 National						
	NURSE ON STAFF:	Program for 60	Program for 60	Program for 60	Program for	One full-time nurse (or
	There are at least one full-	_	clients has .2650	clients has .5175	60 clients has	more) on a team with
	time nurse assigned to	.25 FTE.	FTE.	FTE.		60 clients.
	work with a 60-client					
H8 Illinois	program.					
	NURSE ON STAFF:	Program for 100	.2079 FTE per 100	.80-1.39 FTE per 100	1.40-1.99 FTE	Two full-time nurses or
	There are at least two full-	clients has less than	clients.	clients.	per 100	more are assigned to
	time nurses assigned to	.20 FTE regular			clients.	work with a 100-client
	work with a 100-client	nurse.				program.
H8 National	program.					

	SUBSTANCE ABUSE SPECIALIST ON STAFF: At least one of the members of the core team shall have special training and certification in substance abuse treatment and/or	Program has less than .25 FTE S/A expertise per 60 clients.	Program has .26 - .50 FTE S/A expertise per 60 clients.	Program has .51 - .75 FTE S/A expertise per 60 clients.	Program has .7699 FTE S/A per 60 clients.	One FTEs or more with 1 year S/A training or supervised S/A experience.
H9 Illinois	treating clients with co- occurring mental health and substance abuse disorders.					
	SUBSTANCE ABUSE SPECIALIST ON STAFF: A 100-client program includes at least two staff members with 1 year of training or clinical experience in substance abuse treatment.	Program has less than .20 FTE S/A expertise per 100 clients.	.2079 FTE per 100 clients.	.80-1.39 FTE per 100 clients.	1.40-1.99 FTE per 100 clients.	Two FTEs or more with 1 year S/A training or supervised S/A experience.
H9 National  H10 Illinois		Program has less than .25 FTE vocational expertise per 60 clients.	Program has .26 - .50 FTE vocational expertise per 60 clients.	Program has .51 - .75 FTE vocational expertise per 60 clients.	Program has .7699 FTE vocational expertise per 60 clients.	One FTEs or more with 1 year voc. rehab. training or supervised VR experience.

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	VOCATIONAL	Program has less	.2079 FTE per 100			Two FTEs or more with
	SPECIALIST ON STAFF:	than .20 FTE	clients.	clients.	per 100	1 year voc. rehab.
	The program includes at	vocational expertise			clients.	training or supervised
	least two staff members	per 100 clients.				VR experience.
	with 1 year					
	training/experience in					
	vocational rehabilitation					
	and support.					
H10 National						
	PROGRAM SIZE:	Program has fewer	1.6 - 2.5 FTE	2.6 - 3.9 FTE	4.0 - 5.9 FTE	Program has at least 6
	Program is of sufficient	than 1.5 FTE staff.				FTE staff
	absolute size to provide					
	consistently the necessary					
	staffing diversity and					
H11Illinois	coverage.					
	PROGRAM SIZE:	Program has fewer	2.5 - 4.9 FTE	5.0 - 7.4 FTE	7.5 - 9.9 FTE	Program has at least
	Program is of sufficient	than 2.5 FTE staff.				10 FTE staff.
	absolute size to provide	linair 210 i 12 otain				10112 010111
	consistently the necessary					
	staffing diversity and					
H11 National	coverage.					
	ONAL BOUNDARIES					
OKOANIZATI	EXPLICIT ADMISSION	Program has no set	Program has a	The program makes	Program	The program actively
	CRITERIA: Program has	criteria and takes all	generally defined		typically	recruits a defined
	clearly identified mission	types of cases as	mission but the	select a defined set		population and all
	to serve a particular	determined outside		of clients but accepts		cases comply with
	population and has and			most referrals.	referrals	explicit admission
	luses measurable and	the program.	organizational			criteria.
			convenience.		carefully but	Cilicila.
	operationally defined criteria to screen out		Convenience.		occasionally bows to	
	inappropriate referrals.				organizational	
01					pressure.	
01						

					1	
	INTAKE RATE: Program	Highest monthly	13 -15 clients per	10 to 12 client per	7 to 9 clients	Highest monthly intake
	takes clients in at a low	intake rate in the last	month	month	per month	rate in the last 6
	rate to maintain a stable	6 months = greater				months no greater than
		than 15				6 clients/month.
	is based on a ration of 10	clients/month.				
	consumers for every 1					
O2	FTE staff					
	FULL RESPONSIBILITY	Program provides	Program provides	Program provides	Program	Program provides all
	FOR TREATMENT	no more than case		two of five additional	ļ ·	five of these services to
	SERVICES: In addition to	management	services and refers	services and refers	or four of five	clients
	case management,	services.	externally for others.	externally for others.	additional	
	program directly provides				services and	
	psychiatric services,				refers	
	counseling /				externally for	
	psychotherapy, housing				others.	
	support, substance abuse					
	treatment,					
	employment/rehabilitative					
O3	services.					
	RESPONSIBILITY FOR	Program has no	Emergency service	Program is available	Program	Program provides 24-
	CRISIS SERVICES:	responsibility for	has program-	by telephone,	provides	hour coverage
	Program has 24-hour	handling crises after	generated protocol	predominantly in	emergency	_
	responsibility for covering	hours.	for program clients.	consulting role.	service	
	psychiatric crises.				backup; e.g.,	
	, ,				program is	
					called, makes	
					decision about	
					need for direct	
					program	
					involvement.	
04						
	RESPONSIBILITY FOR	Program has	ACT team is	ACT team is involved	ACT team is	ACT team is involved in
	HOSPITAL ADMISSIONS:			in 35% - 64% of	involved in	95% or more
	Program is involved in	than 5% decisions to		admissions.	65% - 94% of	admissions.
	hospital admissions.	hospitalize.		1	admissions.	
O5		1				
			1	1		

	RESPONSIBILITY FOR	Program has	5% - 34% of	2E 640/ of program	65 - 94% of	95% or more
	HOSPITAL DISCHARGE	•		35 - 64% of program client discharges are		
	PLANNING: Program is	than 5% of hospital	program client discharges are	planned jointly with	program client discharges	discharges are planned jointly with the program.
	involved in planning for	discharges.	planned jointly with	the program.	are planned	Jointly with the program.
	hospital discharges.	luiscriarges.	l	line program.	jointly with the	
	nospitai discriarges.		the program.		program.	
O6					program.	
	TIME-UNLIMITED	More than 90% of	From 38-90% of	From 18-37% of	From 5-17%	All clients are served
	SERVICES	clients are expected	clients are expected	clients are expected	of clients are	on a time-unlimited
	(GRADUATION RATE):	to be discharged	to be discharged	to be discharged	expected to	basis, with fewer than
	Program rarely closes	within 1 year.	within 1 year.	within 1 year.	be discharged	5% expected to
	cases but remains the	·	•		within 1 year.	graduate annually.
	point of contact for all					
07	clients as needed.					
NATURE	OF SERVICES					
	COMMUNITY-BASED	Less than 20% of	20 - 39%.	40 - 59%.	60 - 79%.	80% of total face-to-
	SERVICES: Program	face-to-face				face contacts in
	works to monitor status,	contacts in				community
		community.				
	skills in the community					
S1	rather than the office.					
	NO DROPOUT POLICY:	Less than 50% of	50- 64%.	65 - 79%.	80 - 94%.	95% or more of
		the caseload is				caseload is retained
	percentage of its clients	retained over a 12-				over a 12-month period
S2		month period.				
	ASSERTIVE	Program passive in	Program makes	Program attempts	Program	Program demonstrates
	ENGAGEMENT	recruitment and re-	initial attempts to	outreach and uses	usually has	consistently well-
	MECHANISMS: As part of	, , ,	, , ,	1 9	plan for	thought-out strategies
	assuring engagement,	never uses street	focuses efforts on	only as convenient.	engagement	and uses street
	program uses street	outreach legal	most motivated		and uses	outreach and legal
	, ,	mechanisms.	clients.		most of the	mechanisms whenever
	mechanisms (e.g.,				mechanisms	appropriate.
	probation/parole, OP				that are	
	commitment) as indicated				available.	
	and as available.					
S3						

	INTENSITY OF SERVICE: High total amount of service time as needed.	Average of less than 15 min/week or less of face-to-face contact per client.	15 - 49 minutes / week.	50 - 84 minutes / week.	85 - 119 minutes / week.	Average of 2 hours/week or more of face-to-face contact per client.
S4						
S5 Illinois	FREQUENCY OF CONTACT: At least 3 contacts per week in the 8 weeks preceding review.	There are weeks within the past 8 weeks where no contact is made	There are at least three contacts per week consistently for the past two weeks.	There are at least three contacts per week consistently for the past 4 weeks.	There are at least three contacts per week consistently for the past 6 weeks.	There are at least three contacts per week consistently for the past eight weeks.
	FREQUENCY OF	Average of less than	1 - 2 / week.	2 - 3 / week.	3 - 4 / week.	Average of 4 or more
S5 National	CONTACT: High number of service contacts as needed	1 face-to-face contact / week or fewer per client.				face-to-face contacts / week per client.
	WORK WITH INFORMAL SUPPORT SYSTEM: With or without client present, program provides support and skills for client's support network: family, landlords, employers.	Less than .5 contact		1-2 contact per month per client with support system in the community.	I.	Four or more contacts per month per client with support system in the community.
S6	, ,					
	INDIVIDUALIZED SUBSTANCE ABUSE TREATMENT: One or more members of the program provide direct treatment and substance abuse treatment for clients with substance use disorders.	No direct, individualized substance abuse treatment is provided by the team.	The team variably addresses SA concerns with clients; no formal, individualized SA treatment provided.	While the team integrates some substance abuse treatment into regular client contact, they provide no formal, individualized SA treatment.	clients with	Clients with substance use disorders spend, on average, 24 minutes / week or more in formal substance abuse treatment.
S7					treatment.	

S8	DUAL DISORDER TREATMENT GROUPS: Program uses group modalities as a treatment strategy for people with substance use disorders.	Fewer than 5% of the clients with substance use disorders attend at least one substance abuse treatment group meeting during a month.	5 - 19%	20 - 34%	35 - 49%	50% or more of the clients with substance use disorders attend at least one substance abuse treatment group meeting during a month.
S9	DUAL DISORDERS (DD) MODEL: Program uses a stage-wise treatment model that is non- confrontational, follows behavioral principles, considers interactions of mental illness and substance abuse, and has gradual expectations of abstinence.	Program fully based on traditional model: confrontation; mandated abstinence; higher power, etc.	AA; uses inpatient detox & rehabilitation; recognizes need for	Program uses mixed model: e.g., DD principles in treatment plans; refers clients to persuasion groups; uses hospitalization for rehab.; refers to AA, NA.	Program uses primarily DD model: e.g., DD principles in treatment plans; persuasion and active treatment groups; rarely hospitalize for rehab. nor detox except for medical necessity; refers out some s/a treatment.	Program fully based in DD treatment principles, with treatment provided by program staff.
S10	ROLE OF CONSUMERS ON TREATMENT TEAM: Consumers are involved as members of the team providing direct services.	Consumer(s) have no involvement in service provision in relation to the program.	Consumer(s) fill consumer-specific service roles with respect to program (e.g., self-help).	Consumer(s) work part-time in case-management roles with reduced responsibilities.	Consumer(s) work full-time in case management roles with reduced responsibilitie s.	Consumer(s) are employed full-time as clinicians (e.g., case managers) with full professional status.