

FY15 ACT Fidelity Tool

## Assertive Community Treatment Fidelity Scale

| CRITERION                                |  | RATINGS / ANCHORS   |   |   |   |  |  |
|--|--|---|---|---|---|--|--|
| HUMAN RESOURCES: STRUCTURE & COMPOSITION |  | -1  | -2  | -3  | -4  | -5   | Data Source  |
| <b>H1 - DACTS</b>                        | SMALL CASELOAD: Persons served/clinician ratio of 10:1.  | 50 persons served/clinician or more.  | 35 - 49   | 21 - 34   | 11 to 20  | 10 persons served/clinician or fewer   | PROVIDER GATHERS IN ADVANCE OF REVIEW, interviews              |
| <b>H2 - DACTS</b>                        | TEAM APPROACH: Provider group functions as team rather than as individual practitioners; clinicians know and work with all persons served. | Fewer than 10% persons have face-to-face contact with > 1 staff member in 2 weeks.            | 10 - 36%.   | 37 - 63%.   | 64 - 89%.   | 90% or more persons have face-to-face contact with > 1 staff member in 2 weeks.                    | Clinical Record Reviews<br>Interviews                          |
| <b>H3 - DACTS</b>                        | PROGRAM MEETING: Program meets frequently to plan and review services for each person served.  | Program service-planning for each person served usually occurs once/month or less frequently. | At least twice/month but less often than once/week.       | At least once/week but less often than twice/week.                              | At least twice/week but less often than 4 times/week.           | Program meets at least 4 days/week and reviews each person served each time, even if only briefly. | Interviews<br>Program Meeting Minutes<br>Other Program Records |
| <b>H4 - DACTS</b>                        | PRACTICING TEAM LEADER: Supervisor of front line clinicians provides direct services.  | Supervisor provides no services.  | Supervisor provides services on rare occasions as backup. | Supervisor provides services routinely as backup, or less than 25% of the time. | Supervisor normally provides services between 25% and 50% time. | Supervisor provides services at least 50% time.  | Interviews,<br>Clinical Record Reviews                         |
| <b>H5 - DACTS</b>                        | CONTINUITY OF STAFFING: Program maintains same staffing over time.   | Greater than 80% turnover in 2 years.   | 60-80% turnover in 2 years.                               | 40-59% turnover in 2 years.   | 20-39% turnover in 2 years.                                     | Less than 20% turnover in 2 years.   | PROVIDER GATHERS IN ADVANCE OF REVIEW, interviews              |
| <b>H6 - DACTS</b>                        | STAFF CAPACITY: Program operates at full staffing.   | Program has operated at less than 50% of staffing in past 12 months.                          | 50-64%  | 65-79%  | 80-94%  | Program has operated at 95% or more of full staffing in past 12 months.                            | Interviews, PROVIDER GATHERS IN ADVANCE OF REVIEW              |

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| <b>H7</b><br>Illinois                    | PSYCHIATRIST ON STAFF: There is a psychiatrist on staff that works on the ACT team a minimum of 10 hrs/week for an average census of 60 persons served.  | Program for 60 individuals has 2 hours or less of psychiatric time | Program for 60 individuals has 3-4 hours of psychiatric time   | Program for 60 individuals has 5-6 hours of psychiatric time   | Program for 60 individuals has 7-9 hours of psychiatric time   | Program for 60 individuals has 10 hours of psychiatric time for 60 clients                       | Interviews<br>Program Records<br>Clinical Records |
| <b>H8</b><br>Illinois                    | NURSE ON STAFF: There is at least one full-time nurse assigned to work with 60 persons.  | Program for 60 persons has less than .25 FTE.                      | Program for 60 persons has .26 - .50 FTE.                      | Program for 60 persons has .51 - .75 FTE.                      | Program for 60 persons has .76 - .99 FTE.                      | One full-time nurse (or more) on a team with 60 persons.   | Interviews<br>Program Records                     |
| <b>H9</b><br>Illinois                    | SUBSTANCE ABUSE SPECIALIST ON STAFF: At least one of the ACT staff members of the 60 person team shall have special training and certification in substance abuse treatment and/or treating persons with co-occurring mental health and substance abuse disorders. | Program has less than .25 FTE S/A expertise per 60 persons.        | Program has .26 - .50 FTE S/A expertise per 60 persons.        | Program has .51 - .75 FTE S/A expertise per 60 persons.        | Program has .76 - .99 FTE S/A per 60 persons.                  | One FTE or more with 1 year S/A training or supervised S/A experience per 60 person team.        | Interviews<br>Program Records                     |
| <b>H10</b><br>Illinois                   | VOCATIONAL SPECIALIST ON STAFF: At least one of the ACT staff members of the 60 person team shall have special training in rehabilitation counseling, including vocational, work readiness and educational support   | Program has less than .25 FTE vocational expertise per 60 persons. | Program has .26 - .50 FTE vocational expertise per 60 persons. | Program has .51 - .75 FTE vocational expertise per 60 persons. | Program has .76 - .99 FTE vocational expertise per 60 persons. | One FTE or more with 1 year voc. rehab. training or supervised VR experience per 60 person team. | Interviews<br>Program Records                     |

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| HUMAN RESOURCES: STRUCTURE & COMPOSITION |   | -1  | -2  | -3  | -4   | -5  | Data Source  |
| <b>H11</b><br>Illinois                   | PROGRAM SIZE: Program is of sufficient absolute size to consistently provide the necessary staffing diversity and coverage.   | Program has fewer than 1.5 FTE staff.   | 1.6 - 2.5 FTE   | 2.6 - 3.9 FTE   | 4.0 - 5.9 FTE  | Program has at least 6 FTE staff  | Interviews<br>Program Records  |
| ORGANIZATIONAL BOUNDARIES                |   |   |   |   |  |   |  |
| <b>O1 -</b><br>DACTS                     | EXPLICIT ADMISSION CRITERIA: Program has clearly identified mission to serve a particular population and has and uses measurable and operationally defined criteria to screen out inappropriate referrals.                                | Program has no set criteria and admits persons with no regard to eligibility.     | Program has a generally defined mission but the admission process is dominated by organizational convenience. | The program makes an effort to seek and select a defined set of persons but accepts most referrals. | Program typically actively seeks and screens referrals carefully but occasionally bows to organizational pressure. | The program actively recruits a defined population and all persons receiving services meet explicit admission criteria. | Interviews<br>Program Records  |
| <b>O2 -</b><br>DACTS                     | INTAKE RATE: Program takes persons in at a low rate to maintain a stable service environment. This is based on a ratio of 10 persons served for every 1 FTE staff   | Highest monthly intake rate in the last 6 months = greater than 15 persons/month. | 13 -15 persons per month  | 10 to 12 persons per month  | 7 to 9 persons per month   | Highest monthly intake rate in the last 6 months no greater than 6 persons/month.                                       | Data run completed by Collaborative prior to fidelity review - # authorized by month for past 6 months, Interviews |
| <b>O3 -</b><br>DACTS                     | FULL RESPONSIBILITY FOR TREATMENT SERVICES: In addition to case management, program directly provides psychiatric services, counseling / psychotherapy, housing support, substance abuse treatment, employment / rehabilitative services. | Program provides no more than case management services.                           | Program provides one of five additional services and refers externally for others.                            | Program provides two of five additional services and refers externally for others.                  | Program provides three or four of five additional services and refers externally for others.                       | Program provides all five of these additional services to clients   | Interviews<br>Clinical Records   |

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| HUMAN RESOURCES: STRUCTURE |  | -1   | -2   | -3   | -4  | -5  | Data Source                    |
| <b>O4 - DACTS</b>          | RESPONSIBILITY FOR CRISIS SERVICES: Program has 24-hour responsibility for covering psychiatric crises.  | Program has no responsibility for handling crises after hours.               | Emergency service has program-generated protocol for persons served.               | Program is available by telephone, predominantly in consulting role.               | Program provides emergency service backup; e.g., program is called, makes decision about need for direct program involvement. | Program provides 24-hour coverage   | Interviews<br>Program Records  |
| <b>O5 - DACTS</b>          | RESPONSIBILITY FOR HOSPITAL ADMISSIONS: Program is involved in hospital admissions.  | Program has involvement in fewer than 5% decisions to hospitalize.           | ACT team is involved in 5% - 34% of admissions.                                    | ACT team is involved in 35% - 64% of admissions.                                   | ACT team is involved in 65% - 94% of admissions.  | ACT team is involved in 95% or more admissions.   | Interviews<br>Clinical Records |
| <b>O6 - DACTS</b>          | RESPONSIBILITY FOR HOSPITAL DISCHARGE PLANNING: Program is involved in planning for hospital discharges.   | Program has involvement in fewer than 5% of hospital discharges.             | 5% - 34% of hospital discharges are planned jointly with the program and hospital. | 35 - 64% of hospital discharges are planned jointly with the program and hospital. | 65 - 94% of hospital discharges are planned jointly with the program and hospital.  | 95% or more of hospital discharges are planned jointly with the program and hospital.               | Interviews<br>Clinical Records |
| <b>O7 - DACTS</b>          | TIME-UNLIMITED SERVICES (GRADUATION RATE): Program rarely closes persons to ACT but remains the point of contact for all persons served as needed. | More than 90% of persons served are expected to be discharged within 1 year. | From 38-90% of persons served are expected to be discharged within 1 year.         | From 18-37% of persons served are expected to be discharged within 1 year.         | From 5-17% of persons served are expected to be discharged within 1 year.   | All persons are served on a time-unlimited basis, with fewer than 5% expected to graduate annually. | Interviews<br>Policies         |

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| NATURE OF SERVICES      |   | -1  | -2  | -3   | -4  | -5  | Data Source   |
| <b>S1 -</b><br>Illinois | COMMUNITY-BASED SERVICES: Program works to monitor status, develop community living skills in the community rather than the office.   | Less than 20% of contacts in community (off-site).  | 20 - 39%.   | 40 - 59%.  | 60 - 79%.   | 80% of total contacts in community (off-site).  | Data run completed by Collaborative prior to fidelity review. |
| <b>S2 -</b><br>DACTS    | NO DROPOUT POLICY: Program retains a high percentage of its persons served.   | Less than 50% of of the caseload is retained over a 12-month period.                                  | 50- 64%.  | 65 - 79%.  | 80 - 94%.   | 95% or more of the caseload is retained over a 12-month period  | Interviews, Discharged/Total number of Persons Served         |
| <b>S3 -</b><br>DACTS    | ASSERTIVE ENGAGEMENT MECHANISMS: As part of assuring engagement, program uses street outreach, as well as legal mechanisms (e.g., probation/parole, OP commitment) as indicated and as available. | Program passive in recruitment and re-engagement; almost never uses street outreach legal mechanisms. | Program makes initial attempts to engage but generally focuses efforts on most motivated individuals. | Program attempts outreach and uses legal mechanisms only as convenient.    | Program usually has plan for engagement and uses most of the mechanisms that are available. | Program demonstrates consistently well-thought-out strategies and uses street outreach and legal mechanisms whenever appropriate. | Interview<br>Clinical Records                                 |
| <b>S4 -</b><br>DACTS    | INTENSITY OF SERVICE: High total amount of service time as needed.  | Average of less than 15 min/week or less of face-to-face contact per individual.                      | 15 - 49 minutes / week.   | 50 - 84 minutes / week.  | 85 - 119 minutes / week.  | Average of 2 hours/week or more of face-to-face contact per individual.   | Clinical Records  |
| <b>S5</b><br>Illinois   | FREQUENCY OF CONTACT: At least 4 contacts per week in the 4 weeks preceding review.   | There are weeks within the past 4 weeks where no contact is made                                      | There is at least one contact per week consistently for the past 4 weeks.                             | There is at least two contacts per week consistently for the past 4 weeks. | There are at least three contacts per week consistently for the past 4 weeks.               | There are at least four contacts per week consistently for the past four weeks.   | Clinical Records  |

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| <b>S6 -<br/>DACTS</b> | WORK WITH INFORMAL SUPPORT SYSTEM: With or without individual present, program provides support and skills for persons's support network: family, landlords, employers.                | Less than .5 contact with support system in the community per month per individual.   | .5-1 contact with support system in the community per month per individual.                           | 1-2 contacts with support system in the community per month per individual.   | 2-3 contacts with support system in the community per month per individual.   | Four or more contacts with support system in the community per month per individual.  | Interviews<br>Clinical Records                    |
| <b>S7 -<br/>DACTS</b> | INDIVIDUALIZED SUBSTANCE ABUSE TREATMENT: One or more members of the program provide direct treatment and substance abuse treatment to persons diagnosed with substance use disorders. | No direct, individualized substance abuse treatment is provided by the team.  | The team variably addresses SA concerns with person; no formal, individualized SA treatment provided. | While the team integrates some substance abuse treatment into regular contact with person, they provide no formal, individualized SA treatment. | Some formal individualized SA treatment is offered; persons diagnosed with substance use disorders spend less than 24 minutes/week in such treatment. | Persons diagnosed with substance use disorders spend, on average, 24 minutes / week or more in formal substance abuse treatment.              | Interviews<br>Clinical Records<br>Program Records |
| <b>S8 -<br/>DACTS</b> | DUAL DISORDER TREATMENT GROUPS: Program uses group modalities as a treatment strategy for people diagnosed with substance use disorders.   | Fewer than 5% of the persons diagnosed with substance use disorders attend at least one substance abuse treatment group meeting during a month. | 5 - 19%   | 20 - 34%  | 35 - 49%  | 50% or more of the persons diagnosed with substance use disorders attend at least one substance abuse treatment group meeting during a month. | Interviews<br>Program Records<br>Clinical Records |

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| <b>S9 -<br/>DACTS</b>  | DUAL DISORDERS (DD) MODEL: Program uses a stage-wise treatment model that is non-confrontational, follows behavioral principles, considers interactions of mental illness and substance abuse, and has gradual expectations of abstinence. | Program fully based on traditional model: confrontation; mandated abstinence; higher power, etc. | Program uses primarily traditional model: e.g., refers to AA; uses inpatient detox & rehabilitation; recognizes need for persuasion of persons in denial or who don't fit AA. | Program uses mixed model: e.g., DD principles in treatment plans; refers persons to persuasion groups; uses hospitalization for rehab.; refers to AA, NA. | Program uses primarily DD model: e.g., DD principles in treatment plans; persuasion and active treatment groups; rarely hospitalize for rehab. nor detox except for medical necessity; refers out some s/a treatment. | Program fully based in DD treatment principles, with treatment provided by program staff.                     | Interviews<br>Program Records<br>Clinical Records |
| <b>S10 -<br/>DACTS</b> | ROLE OF PERSONS IN RECOVERY ON TREATMENT TEAM: Persons in recovery are involved as members of the team providing direct services.  | Persons in recovery have no involvement in service provision in relation to the program.         | Persons in recovery fill specific service roles with respect to program (e.g., self-help).  | Persons in recovery work part-time in case-management roles with reduced responsibilities.  | Persons in recovery work full-time in case management roles with reduced responsibilities.  | Persons in recovery are employed full-time as clinicians (e.g., case managers) with full professional status. | Interviews<br>Program Records                     |