



The Chicago Parent Program: Implementation

Susan Breitenstein, PhD, RN

Christine Garvey, PhD, RN

Wrenetha Julion, PhD, RN

Alison Ridge, MS, RN

Objectives

As a result of participating in this session, participants will:

1. Describe what organizations need in order to successfully implement the CPP.
2. Summarize strategies that facilitate successful implementation of the CPP.
3. Identify potential barriers to implementation.

Terms

- **Evidenced Based Practice (EBP)**



Terms

NIH definitions of Dissemination & Implementation

- **Dissemination**

- the targeted distribution of information and intervention materials to a specific public health or clinical practice audience. The intent is to spread knowledge and the associated evidence-based interventions.

- **Implementation**

- the use of strategies to introduce or change evidence-based health interventions within specific settings.

Five Essential Components for Implementation

- SOURCE
- DESTINATION
- COMMUNICATION LINK
- FEEDBACK
- INFLUENCE

Fixsen et al, 2005

COMMUNICATION LINK



Communication Link

- **Implementation drivers** to assure that the practitioner has the prerequisite knowledge, skills, & abilities and continuing resources necessary to provide the **core intervention components** competently

Communication Link

- **Implementation drivers** to assure that the practitioner has the prerequisite knowledge, skills, & abilities and continuing resources necessary to provide the **core intervention components** competently

The most essential and indispensable components of an intervention practice or program

Communic

Core implementation components that can be used to successfully implement EBPs

- **Implementation drivers** to assure that the practitioner has the prerequisite knowledge, skills, & abilities and continuing resources necessary to provide the **core intervention components** competently

The most essential and indispensable components of an intervention practice or program

Core Implementation Components

Practitioner Level	System Level
Practitioner Selection	Facilitative administrative supports
Pre-service and in-service training	System interventions
Ongoing coaching & supervision	
Practitioner & Program Evaluation	

System Level

- Facilitative
Administrative
Supports
- System
Interventions



Practitioner Level

- Practitioner Selection



Practitioner Selection

- Chicago Parent Program Group Leaders

Practitioner Level

- Pre-Service & in-service training



Pre-Service & in-service training

- Chicago Parent Program Training

Practitioner Level

- Ongoing Coaching & Supervision



Ongoing Coaching & Supervision

- Chicago Parent Program Technical Assistance and Supervision

Practitioner & System Level

- Practitioner & Program Evaluation



Practitioner & Program Evaluation

- Chicago Parent Program Evaluation
 - Fidelity Monitoring
 - Program Effectiveness

Common barriers to Implementation

- Training
- Time
- Recruitment
- Resources



Chicago Parent Program barrier reductions



References

- Breitenstein, S., Fogg, L., Garvey, C., Hill, C., Resnick, B., & Gross, D. (in press). Measuring implementation fidelity in a community based parenting intervention. *Nursing Research*.
- Breitenstein, S., Gross, D., Garvey, C., Hill, C., Fogg, L., & Resnick, B. (2010). Implementation fidelity in community-based interventions. *Research in Nursing and Health*, 33, 164-173.
- Breitenstein, S., Gross, D., Ordaz, I., Julion, W., Garvey, C., & Ridge, A. (2007). Promoting mental health in early childhood programs serving families from low-income neighborhoods. *Journal of the American Psychiatric Nurses Association*, 13, 313-321.
- Fixsen, D. L., Naoom, S. F., Blase, K. A., Friedman, R. M., & Wallace, F. (2005). *Implementation research: A synthesis of the literature*. Tampa, FL: University of South Florida, Louis de la Parte Florida Mental Health Institute, The National Implementation Research Network (FMHI Publication #231).