
RECOVERY & EMPOWERMENT STATEWIDE CALL

Please plan to join on March 22, 2018 for our next Recovery & Empowerment Statewide Call for 2018! Our theme this year is "**Discovering Wellness Within!**" These educational forums place an emphasis on sharing successful tools and strategies for wellness. This month's focus is "Discovering the Giving and Receiving of Support!"

Individuals are welcome to dial in from a personal phone or from home. However, if dialing in from an agency or other organization, to help reduce the cost, please gather and dial-in together. Remember to provide the moderator with your name, the agency you are representing (if applicable), and the number of persons listening in from your location.

ABOUT THIS MONTH'S CALL:

- DATE: March 22, 2018
- TIME: 10:00am - 11:00am [Note: The length of the calls has been changed to **one hour**]
- TOPIC: Discovering the Giving and Receiving of Support
- OBJECTIVES: Participants will learn: How to be a good supporter; how to help each other through mutual support; how to find supports; the benefits of giving and receiving support; definition of formal and natural supports
- DIAL-IN NUMBER: (800) 553-0273 {Note: New number for 2018}
- ACCESS CODE: (None Required)
- MEETING TITLE: Recovery & Empowerment Statewide Call
- SPEAKERS: Tom Troe, Rhonda Keck & Monica Hall

You will be on hold with music until the host opens the conference call. If you have any questions or require additional assistance, please press "0" from your phone during the audio conference.

As a courtesy to others and to improve sound quality, please mute your phone when not speaking.

HANDOUTS:

The following materials for the 3/22/18 call are attached:

- Giving and Receiving Support
(PowerPoint slides in pdf document - 6 slides to a page)
- Evaluation Form
- Sign-In Sheet
- CEU Information
- 2018 Statewide Call Flyer w correct phone number

ABOUT RECOVERY & EMPOWERMENT CALLS:

Note: These calls have been held monthly since 2007, and were formerly known as “consumer education and support statewide call-ins.”

For all persons living with mental health conditions and receiving mental health services, this call is for you! The call contains specific information relative to consumers of mental health services. This call is uniquely and specifically designed to provide education and support for all individuals participating in publicly funded mental health services in Illinois.

ABOUT STAFF PARTICIPATION:

Staff are welcome to listen in as well. However, the primary purpose of the call is to ensure that individuals participating in services have an opportunity to receive information, ask questions, and provide input.
