
RECOVERY & EMPOWERMENT STATEWIDE CALL

Please plan to join on May 28, 2015 for our next Recovery & Empowerment Statewide Call for 2015! Our theme this year is "Sharing the Power in 2015!" These educational forums place an emphasis on sharing successful tools and strategies for wellness. This month's focus is "The Power of the Words We Use!"

Individuals are welcome to dial in from a personal phone or from home. However, if dialing in from an agency or other organization, to help reduce the cost, please gather and dial-in together. Remember to provide the moderator with your name, the agency you are representing (if applicable), and the number of persons listening in from your location.

ABOUT THIS MONTH'S CALL:

DATE: May 28, 2015

TIME: 10:00am - 11:30am [Note: Please dial in no earlier than 9:45am, per audio-conferencing regulations]

TOPIC: **The Power of the Words We Use!**

OBJECTIVES: Participants will learn: **The impact of language and effective communication in our personal recovery journey; the power of positive vs. negative self-talk; when and how words can be part of our healing vs. when and how words can be used in ways that are counter-productive; how words can bring meaning to our lives, wellness and relationships.**

DIAL-IN NUMBER: 1-866-233-3845

ACCESS CODE: **(None Required)**

MEETING TITLE: Recovery & Empowerment Statewide Call

SPEAKERS: Nanette Larson, AJ French & Carl Abbott

You will be on hold with music until the host opens the conference call. If you have any questions or require additional assistance, please press "0" from your phone during the audio conference.

As a courtesy to others and to improve sound quality, please mute your phone when not speaking.

HANDOUTS:

The following materials for the 5/28/15 Call are attached:

- The Power of the Words We Use!
- (PowerPoint slides in pdf document - 6 slides to a page)
- Evaluation Form
- Sign-In Sheet
- CEU Information
- 2015 Statewide Call Flyer

ABOUT RECOVERY & EMPOWERMENT CALLS;

Note: These calls have been held monthly since 2007, and were formerly known as “consumer education and support statewide call-ins.”

For all persons living with mental health conditions and receiving mental health services, this call is for you! The call contains specific information relative to consumers of mental health services. This call is uniquely and specifically designed to provide education and support for all individuals participating in publicly funded mental health services in Illinois.

ABOUT STAFF PARTICIPATION:

Staff are welcome to listen in as well. However, the primary purpose of the call is to ensure that individuals participating in services have an opportunity to receive information, ask questions, and provide input.
