

### Transitioning into Independent Living: Permanent Supportive Housing

Consumer Education and Support Statewide Call-In: July 31, 2008



#### Welcome!

- Thank you to all who have joined in for today's call!
- Instructions for CEU's for today's call
  - Fax Sign-In Sheets to:
  - Josephine Brodbeck, FAX (309) 693-5101
- ◆ Date and Topic for Next Call-In
  - August 28th The NEW Consumer and Family Handbook: Your Guide to Access and Choice in Illinois' Mental Health System



### Objectives for Today's Call

- 1. Participants will learn about Permanent Supportive Housing (PSH).
- Participants will learn the unique features of PSH.
- 3. Participants will learn the referral process and eligibility criteria for PSH.
- 4. Participants will learn about two funding assistance programs for PSH.
- 5. Participants will learn about the implementation plan for PSH.
- Participants will have the opportunity to ask questions and comment on these topics.



## Guidelines for Today's Call

- ◆ All Speakers Will Use Person-First Language
- ◆ All Acronyms Will Be Spelled Out and Defined
- ◆ Diverse Experiences Will Be Heard and Validated



### Meet the Presenters

- Lindsay Huth, Housing Coordinator, DHS/Division of Mental Health
- ◆ Ruth Hibbard-Anderson, Region 4 Housing Coordinator, DHS/Division of Mental Health



# What is Permanent Supportive Housing (PSH)?

- ♦ PSH is housing, linked with flexible, community-based support services.
- ◆ PSH can be any of the following:
  - (1) scattered sites: studio or efficiency units
  - (2) one bedroom apartment or two person shared apartment
  - (3) new construction
  - (4) single family homes



# What are the unique features of PSH? (housing)

- Housing is considered "permanent," meaning that it is neither temporary nor transitional.
- ◆ Tenants have/hold leases, subleases or rental agreement.
- Tenant controls access to his or her own dwellings units in accordance with applicable tenant/landlord law.
- ♦ Landlord/tenant law governs operations of the housing.



# What are the unique features of PSH? (services)

- ◆ Supportive services are available through contract with local providers.
- ◆ Services are linked to housing, but they are voluntary.
- ♦ Services are not a contingency to retain housing.
- ◆ Services are individualized and may be delivered on-site or off-site.



# What are the unique features of PSH? (rental assistance)

- ♦ Bridge Rental Assistance:
  - tenant-based rental assistance opportunities available to eligible DMH consumers
- ♦ Transition Dollars:
  - funds available to assist with one-time move-in costs

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## What is the priority population for PSH?

- ♦ Residents of Long Term Care (nursing homes)
- Extended care patients of State Hospitals
- ◆ Individuals at risk of placement in a nursing facility
- ◆ Aging-out young adults in the Individual Care Grant (ICG) program
- ♦ Aging-out young adults from DCFS
- ◆ Residents of current Supervised or Supported Residential settings



## What is the referral process for PSH?

- ◆ Referrals will only be received from a DMH contracted vendor of mental health services.
- ◆ Referrals will be made to the Illinois Mental Health Collaborative.
- Accepted referrals will receive an application.



# What are the criteria to be eligible for PSH?

- ♦ Diagnosis of Serious Mental Illness
- ♦ Income within 30% AMI
- ◆ Referred via a DMH contracted vendor, including:
  - Therapist/Case Manager
  - PAS/MH agent
  - Targeted Case Manager

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## What documentation is required for a PSH referral?

- ♦ Mental Health assessment within last 12 months.
- ♦ Treatment Plan within last 6 months
- ◆ LOCUS within 6 months (21 and below)
- ♦ GAF scored 51 and above
- ♦ Risk Assessment



### Bridge Rental Assistance

- ♦ Consumers referred for PSH must agree to apply for Section 8 or other rental assistance.
- ◆ The "Bridge" will pay 70% of the rental cost. The consumer will pay 30% (HUD standard).
- ◆ Rental cost is calculated against the Fair Market Rental rates, by county. The "Bridge" will not exceed this amount.



### Bridge Rental Assistance (cont)

- ◆ The "Bridge" will be administered by a contracted Subsidy Administrator (SA).
- ♦ The SA will assist to negotiate rent.
- ◆ Pay the 70% portion of the rent to the landlord
- ♦ Conduct unit inspections (according to HUD standards).
- ♦ Manage issuing Transition Dollars.



### **Transition Dollars**

- ♦ Consumers transitioning into PSH will be eligible for \$2,000 in transition dollars.
- ◆ Transition Dollars will be managed by the case manager with input/direction from the consumer.
- ◆ SA will issue debit cards for purchases.

  Case managers will reconcile expenses with the SA.



### Transition Dollars (cont)

- Processes will be developed for consumers to verify purchases and receipt of purchases.
- ♦ Consumers will sign off for items received.



# What is the Plan for Implementation?

- ◆ Test sites in Chicago and suburban Cook and Lake Co. (10) and Rockford (10)
- ◆ Long Term Care (LTC) referrals in the test phase
- ◆ Issues will be identified/addressed during the test phase
- ◆ Meetings are occurring with Housing Authorities statewide
- ♦ Training is occurring statewide



## How Can I Learn More About PSH?

- ♦ Division of Mental Health's PSH webpage http://www.dhs.state.il.us/page.aspx?item=38631
- ◆ Corporation for Supportive Housing http://csh.org/
- ◆ Transforming Housing for People with Psychiatric Disabilities Report (SAMHSA) http://download.ncadi.samhsa.gov/ken/pdf/SMA06-4173/Housing\_booklet.pdf



### Guidelines for Questions And Answers

- ♦ All Speakers Will Use Person-First Language
- ◆ All Acronyms Will Be Spelled Out and Defined
- ♦ Diverse Experiences Will Be Heard and Validated
- ◆ Limit to One Question per Person, then Pass to the Next Person
- ◆ Saying "Thank You" Indicates You Are Finished With Your Question



#### Thank You!

- ♦ Continuing Education Units (CEU's)
  - Fax Sign-In Sheets to:
  - Josephine Brodbeck, FAX (309) 693-5101
- ♦ Written Questions Can Be Sent To:
  - Lindsay Huth, DMH Housing Coordinator
     E-mail: Lindsay.Huth@illinois.gov
  - Nanette Larson, Director of Recovery Support Services, DHS/Division of Mental Health E-mail: Nanette.Larson@illinois.gov FAX: (309) 693-5101